



City of Manchester Institute of Gymnastics
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Entry and exit procedure – PLAY GYM (Pre-School gymnastics)

1. You will need to arrive 10 – 15 minutes before your class start time. Please do not try to come into the gym any more than 15 minutes before your session is due to start.
2. A maximum of 1 parent must attend with each Pre-School child
3. Parent/guardian and child/children will enter the building through the main front entrance.
4. Upon arrival to the gym you will find socially distanced markers on the floor outside the building under the roof for you and your child to wait.
5. Adults must wear a face covering at all times within the centre
6. When entering the building, children and adults will firstly need to use the hand sanitizer provided by the door. They will then enter the reception foyer and register with the admin team at the reception desk. Any payment must be made now.
7. Children with long hair must have this tied back before they will be allowed entry as coaches will not be permitted to do this for them.
8. Only adults accompanying pre-school children into our Play Gym sessions will be permitted to go past the reception area and further into the building.
9. Once inside the building all adults must maintain a minimum distance of 2 metres from other adults at all times.
10. Pre-school children under the age of 5 are not expected to maintain social distancing from others and do not need to wear face coverings at any time.
11. The tuck shop area will be prepared with socially distanced markers should you need to remove any outwear. Once registered at the front desk, you and your child will go into the tuck shop, stand on a marker and prepare for the class by removing any clothing/ shoes that have been outside. All outdoor items must be placed inside a bag and must remain in that bag until it is time to leave the building.
12. Once prepared for the class you must both use the hand sanitizer provided before leaving the tuck shop and take your belongings with you.
13. Follow the corridor round to back of the building and placed your bag with your belongings on numbered and distanced markers. Please wait on your number until called by the coach and welcomed into the gym.
14. When entering the gym you will be assigned a place within the apparatus circuit set up. You must follow the instructions from the coach and the one way route set out within the gym, keeping a 2 metre distance from other adults (including the coach).

Exiting the gym

1. The exit from building is the FIRE EXIT which are clearly marked at the side of the building next to the big car park. Please do not try to exit via the front door.
2. When instructed, please collect up all belongings and leave the gym as directed by the coach. Please make use of the hand sanitizer on the way out of the gym.

Directors – Mr Colin Leigh & Mrs Jane Leigh