



Our GYM SAFE Promise



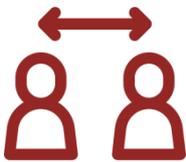
Team safety



Clean checks



Hand hygiene



Safe distances



Protected environment



Team safety

- At all times the safety and wellbeing of our members and staff will be our utmost priority. We're introducing new measures to help keep everyone safe and will be ensuring that all users of the centre follow these safety requirements. Our team will carry out regular reviews to ensure that our safe practices are as good as they can be. We will comply with all Government guidance, health authorities, NHS Test and Trace requirements and work in partnership with GLL/Manchester Active and Manchester City Council.



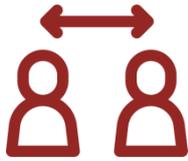
Clean checks

- The centre will be deep cleaned prior to re-opening and our already thorough and frequent cleaning regime will be stepped up further to ensure the maximum standards of cleanliness in accordance with Government guidance. Non-essential equipment will be cleared away and all contact surfaces and high usage areas will be frequently disinfected and sanitised throughout the day as well as between uses in the case of gymnastics group training. Cleaning will be carried out by cleaning professionals and supported directly by in-house staff.



Hand hygiene

- Compulsory hand washing and hand sanitising will be strictly enforced on entry to and exit from the centre, as well as during sessions and in instances where contact transmission could otherwise be at higher risk (toilet areas, coughs/sneezes etc). Positive habits e.g. "Catch it, bin it, kill it" will be taught and reinforced. Additional hygiene stations will be situated in convenient locations to further increase the effectiveness of this.



Safe distances

- To protect all our members and our staff we will be complying with all social distancing guidelines and reviewing and modifying all training (and work) situations to keep everyone safe. To further reduce the risk of transmission, only essential users of the centre will be permitted to enter the building and class sizes will be reduced along with staggered class start and end times. Entry to and from the centre will be regulated and training groups will not mix or share equipment with other groups.



Protected environment

- In addition to reduced class sizes, consistent training groups and the measures above, improvements will be made to the internal environment to maximise the use of the building's fresh air ventilation system to ensure we exceed the minimum requirement set out by the Government. Only safe equipment set ups will be used with our primary teaching focus consistently being to help each child enjoy and learn as much as they can in this safe, exciting and challenging sport.
- As a provider of sporting services to children we maintain extremely high standards both in the safeguarding of participants and the health and wellbeing of all. We always have designated trained members of staff in the positions of welfare officer and first aid provision whenever there are children present within the building. We adhere to rigorous governing body safeguarding processes and will continue to review and update these in accordance with current best practice.

CMIG takes its responsibilities to safeguard and protect the children under our care, their families and by extension the general public very seriously and will strive in every way possible to ensure that we remain Gym Safe for all.